

Ami's Veggie Heart - Wholesome Vegetarian Cooking

If you would like to learn how to cook a wholesome Vegetarian Meal, then look no further than this. Ami's Veggie Heart is organizing Indian Cooking Classes for the Month of October and November 2012 for those of you interested in learning how to prepare simple and healthy vegetarian meals for you and your families.

<p><u>Wednesday, 24th October</u> 10am-12noon</p> <p>Baked Vegetable Cake(Handvo) Steamed cakes(Dhoklas) Chutney's</p>	<p><u>Saturday 27th October</u> 1030am-12noon</p> <p>Yogurt Curry with Dumplings (Vegan available) Gram Dal (2 varieties) Peas pulao</p>	<p><u>Wednesday, 31st October</u> 10am-12Noon</p> <p>Vege Khoftas Assorted Raitas Parathas</p>	<p><u>Saturday 3rd November</u> 1030am-1230pm</p> <p>Mixed Dal Stuffed Bell Peppers Rotis (with variations)</p>
<p><u>Wednesday, 7th November</u> 10am-12Noon</p> <p>Indian Pancakes Dry Potato Vegetable Chutney's n Salad</p>	<p><u>Saturday 10th November</u> 1030am-1230pm</p> <p>Spinach n Corn Vegetable Yellow Dal Paratha/Poori(With variations)</p>	<p><u>Wednesday, 14th November</u> 10am-12Noon</p> <p>Rajma Capsicum n Potato Vege Assorted Raitas Rice</p>	<p><u>Saturday 17th November</u> 1030-1230pm</p> <p>Special Class</p>

Email ami@amisveggieheart.com or call (65) 91446105 to register for any of the above sessions.

Please sign up at least 3 days before to guarantee a seat. If there is demand for a specific menu, additional classes will be added on. Each class will be at SGD \$75/- which is payable on that day by cash. If you have a custom requirement for any specific item or menu or for weekend classes, please feel free to contact Ami to discuss.