

Ami's Veggie Heart - Wholesome Vegetarian Cooking

If you would like to learn how to cook a wholesome Vegetarian Meal, then look no further than Ami's Veggie Heart.
We are bringing you new classes for the months of August and September 2012.

For the month of August, we are organizing Indian Vegetarian Cooking Classes starting **Wed 1st August 2012**.

<p><u>Wednesday, 1st August</u> 10am-12noon</p> <p>Special Paneer making Class</p>	<p><u>Saturday 4th August</u> 10am-12noon</p> <p>Introducing a No hassle time saving cooker Introducing how to improvise without losing on taste</p>	<p><u>Wednesday, 8th August</u> 10am-12Noon</p> <p>Yellow Dal Cabbage and Green Peas Vegetable Spiced Rice</p>	<p><u>Saturday 11th August</u> 1030am-1230pm</p> <p>How to plan/organize a meal and arrange a plate</p>
<p><u>Wednesday, 15th August</u> 10am-12Noon</p> <p>Yummy Rajma Potato Vegetable with Spices and Herbs Cucumber Raita Cumin Rice/Paratha</p>	<p><u>Saturday 18th August</u> 1030am-1230pm</p> <p>Vegan Black Dal Cauliflower with Black Pepper Coriander Rice/Rotis</p>	<p><u>Wednesday, 21st August</u> 1030am-1230pm</p> <p>Stuffed Cauliflower Carrot Raita Saffron Rice/Chapatis</p>	<p><u>Saturday 25th August</u> 1030am-1230pm</p> <p style="text-align: right;">Special Class</p>

For the month of September we are organizing **THAI** Cooking Classes starting **Wed 5th September 2012**.

<p><u>Wednesday 5th September</u> 1030am-1230pm</p> <p>Quick Vegetable Fritters Eggplant in Thai Sauce Basil Rice</p>	<p><u>Saturday 8th September</u> 10am-12noon</p> <p>Green Papaya Salad Red Curry Brown Rice with Basil and Pineapple</p>	<p><u>Wednesday 12th September</u> 10am-12Noon</p> <p>Coconut Milk Soup Sautéed Mix Stir fried Vegetables Pineapple Fried Rice</p>	<p><u>Saturday 15th September</u> 1030am-1230pm</p> <p>Potatoes Marinated with Herbs Thai Sweet Chilli Dip Corn Fritters</p>
<p><u>Wednesday 19th September</u> 10am-12Noon</p> <p>Lemon Grass Soup Tofu Starter Pad Thai-Noodles</p>	<p><u>Saturday 22nd September</u> 1030am-1230pm</p> <p>Stir Fried Tofu with Lemon Grass and Herbs Pineapple Fried Rice Dessert - Sticky Rice with Mango</p>	<p><u>Wednesday 26th September</u> 10am-12noon</p> <p>Spicy Vermicelli Noodle Salad Green Curry Basil Rice</p>	<p><u>Saturday 29th September</u> 1030am-1230pm</p> <p style="text-align: right;">Special class</p>

Email ami@amisveggieheart.com or call (65) 91446105 to register for any of the above sessions.

Please sign up at least 3 days before to guarantee a seat. If there is demand for a specific menu, additional classes will be added on. Each class will be at SGD \$75/- which is payable on that day by cash. If you have a custom requirement for any specific item or menu or for weekend classes, please feel free to contact Ami to discuss.