

## Ami's Veggie Heart - Wholesome Vegetarian Cooking

If you would like to learn how to cook a wholesome Vegetarian Meal, then look no further than Ami's Veggie Heart. We are back after a short hiatus to bring you new classes for the months of April and May 2012.

For the month of April, we are organizing MEXICAN Cooking Classes starting **Wed 4<sup>th</sup> April 2012**.

<b>Wed 4<sup>th</sup> Apr</b> 11am – 1pm  Bell Pepper Salsa Burritos Enchiladas	<b>Wed 11<sup>th</sup> Apr</b> 11am – 1pm  Tomato Salsa Guacamole Dip Bean Burger Wraps	<b>Wed 18<sup>th</sup> Apr</b> 11am – 1pm  Mexican Soup Broccoli n Corn Salad Mexican Rice
<b>Sat 21<sup>st</sup> Apr</b> 11am – 1pm  Zucchini Quesadillas Layered Tortillas Enchiladas	<b>Wed 25<sup>th</sup> Apr</b> 11am – 1pm  Cheese Quesadillas Fajitas Mexican Rice	

For the month of May we are organizing **ITALIAN** Cooking Classes starting **Wed 9<sup>th</sup> May 2012**.

<b>Wed 9<sup>th</sup> May</b> 11am – 1pm  Pesto Bruschettas Penne Pesto Pasta Lentil Bolognese	<b>Wed 16<sup>th</sup> May</b> 11am – 1pm  Herbed Bread Zucchini Fritters ( with Dip) Shelled Pasta	<b>Sat 19<sup>th</sup> May</b> 11am – 1pm  Tomato Bruschettas Herbed Bread Pasta Salad
<b>Wed 23<sup>rd</sup> Apr</b> 11am – 1pm  Tomato n Pumpkin Soup Lasagna Baked Vegetables	<b>Wed 30<sup>th</sup> May</b> 11am – 1pm  Stuffed Mushrooms Eggplant Parmesan Spiced Broccoli Pasta	

Email [ami@amisveggieheart.com](mailto:ami@amisveggieheart.com) or call (65) 91446105 to register for any of the above sessions.

Please sign up at least 3 days before to guarantee a seat. If there is demand for a specific menu, additional classes will be added on. Each class will be at SGD \$70/- which is payable on that day by cash. If you have a custom requirement for any specific item or menu or for weekend classes, please feel free to contact Ami to discuss.